



U-GLISSE

Frequently Asked Questions

Questions about the U-Glisse card

What is the U-Glisse card? Who is it for?

The U-Glisse card offers significant **discounts** at our partner resorts. It is strictly **reserved** for all **students** in France and abroad, in two age categories: those aged ≤ 25 and those aged $26 \leq 30$ for Alpe d'Huez and Les 2 Alpes ski pass benefits, and those aged ≤ 30 for Les 7 Laux, Chamrousse and Collet d'Allevard ski pass benefits. **It is personal and non-transferable** and cannot be lent to anyone else. **Any fraudulent use will result in its immediate withdrawal.** It is **not available to secondary school pupils**. You must **be able to provide proof of your student status and age at any time.**

It costs €25 and is valid from the date of purchase until the end of August 2026, depending on the partners.

The card can only be purchased online, via your SUAPS account <https://suaps-mon-compte.univ-grenoble-alpes.fr>. If you are a student at UGA or one of its affiliated schools (Grenoble INP, IAE Grenoble, Polytech Grenoble), go to the product tab and select the U-Glisse card.

If you are **not a student at one of these schools affiliated with UGA**, you must purchase your card on the Billetweb platform <https://www.billetweb.fr/carte-u-glisse-etudiants-hors-uga>

Who has access to the courses?

All students at UGA or affiliated schools.

Where and when can I collect my U-Glisse card?

To collect your card during office hours, you must present: a valid student card or proof of enrolment + identity card; your e-ticket for online payment; 1 recent passport photo, printed in 3x3cm format max.

- At the CSU (university swimming pool) 430 Rue de la Passerelle, 38400 Saint-Martin-d'Hères or at MUSE 80 allée Ampère 38400 Saint Martin d'Hères, during our office



hours, see timetable on the u-glisse.com website, except during Grenoble university holidays.

- It is possible to have it collected by a third party who can bring all the documents required to create the card. It is also possible to apply by post; see the terms and conditions in the U-Glisse card tab.

The U-Glisse card and supervised or unsupervised lessons

In order to participate in lessons, you must obtain and present your U-Glisse card from the first lesson or the first outing, regardless of whether it is for a graded activity or not.

Lessons are not available to students outside UGA and affiliated schools.

It serves as your pass for all your outings (excluding U-Glisse lessons) and gives you access to all the special rates negotiated with our partners (resorts, restaurants, equipment, transport, indoor and outdoor sports, etc.).

Insurance outside of supervised lessons

The U-Glisse card does not serve as insurance. The U-Glisse card does not cover you when you are not in our lessons, so please ensure that you are insured in case of accident. If not, you can take out an option when purchasing your ski pass online.

When you are taking lessons with U-Glisse, you are covered by UGA insurance.

Top up my U-Glisse card

The U-Glisse card is your ski pass, valid at all our partner resorts, i.e. Les 2 Alpes, Les 7 Laux, Alpe d'Huez, Chamrousse and Collet d'Allevard.

The card can be topped up online using the link <http://u-glisse.com/skipass/> on the back of the card. You do not have a default account, so you will need to create two: one for Alpe d'Huez and another for Les 2 Alpes, Les 7 Laux, Chamrousse and Collet d'Allevard.

You can also obtain ski passes from the links below:

<https://skipass.u-glisse.com/fr/forfait-ski/1-jour-les-deux-alpes-593-1/> for Les 2 Alpes ski passes

<https://skipass.alpedhuez.com/hiver/u-glisse> for Alpe d'Huez ski passes

<https://skipass.u-glisse.com/fr/products/tag/les7laux/> for 7 Laux ski passes

<https://skipass.u-glisse.com/fr/products/tag/chamrousse/> for Chamrousse ski passes



U-Glisse does not see your transactions with the resorts. If you encounter any problems, please refer to the resort contact details provided in your purchase confirmation.

Objectives of the U-Glisse card

The sole purpose of U-Glisse is to make skiing and snowboarding more accessible by reducing the costs associated with these activities as much as possible, enabling as many students as possible to discover and enjoy our negotiated rates and discounted services at our partner resorts.

The objective of U-Glisse is to enable our students to discover and enjoy skiing and snowboarding at a lower cost by offering discounts on ski passes obtained at negotiated rates, as well as bus transport and free lessons for U-Glisse members. The **U-Glisse card** therefore also offers **SERVICES** and not just **discounts**, but also a **community of practitioners**.

We are **part of** the SUAPS (sports department) of **the UGA**, a university structure serving students. We are not looking to make a profit. The more members we have, the more leverage we have with our partners to negotiate offers for our students, but also to subsidise part of the transport costs and cover part of the ski passes for the sport in question. While our speciality is skiing and snowboarding, our partner offers are related to winter sports.



Questions about registration and courses

Multi-activity enrolment:

It is possible to register for two different activities per semester, for example, "snowboard discovery" and "ski experience," if the schedule of outings and courses are compatible, i.e., the two activities do not take place on the same day.

However, it is not possible to have two graded activities; only one activity will be assessed and the other will not be graded. Please be careful and enrol correctly in the activities on offer.

Qualifying Training Courses:

Qualifying Training Courses (FQ), graded activities and ETCs are all the same thing.

Regarding preferences for ETC enrolment, it is not mandatory to make two preferences for different activities. If you wish to apply for two skiing preferences, this is entirely possible.

Please note that it is not possible to have two graded activities.

Prices:

To participate in our activities, you must have a U-GLISSE card (€25), which is valid for the entire season.

Semester 1:

<i>FQ practice:</i>	Payment of €30 for three ski passes for Les Deux Alpes and Alpe d'Huez, which will be given out at each outing.
<i>FP practice:</i>	Payment of €60 for 3 ski passes for the 3 lessons in December in Les 2 Alpes or Alpe d'Huez Or payment of €20.50 per outing for à la carte outings (please note that places are limited).

Semester 2:

<i>FQ practice:</i>	Payment of €30 to €40 corresponding to a contribution towards the cost of ski passes, which will be provided for each outing.
<i>FP practice:</i>	Payment of €60 to €80 corresponding to a contribution towards the cost of ski passes, which will be provided on each outing. Or payment on a case-by-case basis for à la carte outings (please note that places are limited).



Course times:

The times indicated are the times of the lessons on site; travel time to the resort is not included in the lesson times. Under no circumstances can we justify your absences from university classes while you are attending U-Glisse lessons.

Full-day or half-day lessons

Lessons in Les 2 Alpes and Alpe d'Huez are full-day lessons in S1 and S2.

Lessons at Les 7 Laux and Chamrousse are half-day lessons and only take place in S2

Course schedule:

When you arrive at the meeting point, take your equipment to the flag corresponding to your activity (skiing or snowboarding) and your level (from 1 to 5), and wait for the coach to call you. You will be placed in a group of 6 to 8 students of the same level.

You will have lessons with your coach from 9:00 a.m. to 12:15 p.m., then from 1:45 p.m. to 5:00 p.m. (free lunch break from 12:15 p.m. to 1:45 p.m.).

U-Glisse course registration:

During the sports registration period, you can register for U-Glisse courses, whether graded (FQ) or ungraded (FP), on the SUAPS website. This means you are automatically registered for all the outings planned for the semester. It also allows us to form more stable and homogeneous groups of students who will attend all classes regularly, which promotes progress.

"À la carte" registration on the U-Glisse website allows students to take a single class, for example, or a class on an ad hoc basis, or those who are registered for skiing on the SUAPS website to come and try snowboarding on another outing.



Questions about transport

There is no transport when there are no classes scheduled. There are no classes or transport during the Grenoble university holidays in weeks 52, 1, 8 and 15.

For organisational reasons, we close online sales at 8 a.m. on Wednesday for transport on Thursday and at 8 a.m. on Friday for transport on Saturday and Sunday. Please note that as the number of coaches is limited, there is no guarantee of a seat until the deadline indicated.

If you forget, you can go directly to the bus departure point with cash payment and see if there is still space on the bus. **Transport is exclusively reserved for U-Glisce members** (presentation of your U-Glisce card is mandatory when boarding).

Bus tickets are available for purchase online only.

The bus remains on site but is not accessible during the day. It is therefore possible to leave your belongings on the bus in the morning but not to return to collect them at midday. The buses are not accessible before 5pm.



Questions about equipment

Each student must have their own equipment or rent it. Equipment (skis, boots, poles) can be rented at reduced rates from our partners **Horizon Montagne** , next to Géant Casino in St Martin d'Hères, or from **Adrénaline Sports**, 24 Place Paul Vallier, next to Chavant, or **SkiTruck**, 101 cours Jean Jaurès in Grenoble, or from **Philsport** in Les 7 Laux (next to the ski pass ticket office).

U-Glisse does not lend or hire equipment.

We strongly advise against renting equipment at the resort itself, as it is more expensive and may cause you to be late for your lessons or the bus departure. Renting equipment takes a little time (30 minutes): we will not wait for you if you are late for the start of your lesson.