Semester 1



U-GLISSE OPERATION

Teachers:

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Administrator:

Patrice MOUNIER

Master SEST:

The card

Mandatory and NAMED

to take lessons et have the access to the transport by bus



http://u-glisse.com/carte-uglisse/

• U-Glisse card, usable all the season:

25,00 euros

- Profitable from the first trip to les 2 Alpes.
- You have to order it online and come to U-Glisse committee room at MUSE (on monday, tuesday and wednesday from 12pm to 2pm and from 4pm to 6pm) or at the University Swimming-pool (on thursday and friday from 12pm to 2pm and from 4pm to 6pm) to collect it.

The card

http://u-glisse.com/carte-uglisse/



How can you get your card?

You have to order and pay it online:

For the students who come from UGA Grenoble and Valence, INP & IEP Grenoble : choose the product carte U-Glisse in "mon compte SUAPS" https://suaps-mon-compte.univ-grenoble-alpes.fr

or flash the QR CODE below (just for the UGA students, INP & IEP)



For all the others students: https://www.billetweb.fr/carte-u-glisse-hors-uga2 Box office open or flash the QR CODE below (out of UGA)





MUSE-SUAPS



12H 14H **JEUDI**



16H 18H

VENDREDI

S1 TRIPS

29 et 30 nov 13 et 14 déc jeudis 04-11-18 déc

SATURDAY 29 nov-06-13 déc Ski Experience 3-4-5 Snow Découverte 0-1-2

SUNDAY 30nov-07-14 déc Ski Découverte 0-1-2 Snow expérience 3-4-5 Freestyle



THURSDAY 04-11-18 déc

2-3-4-5
No level 0 and 1

Send an e-mail for the ones who have marks

FP no mark

SKIPASS & LESSONS*

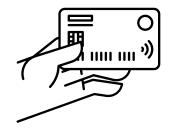


Procedure for buying a skipass and booking a lesson











Guaranteed place





60 euros = 3 skipass to pay in" mon compte suaps'

OR

20,5 euros = 1 skipass on billeweb link



Register each time, subject to availability visible <u>here</u>

Indicate your level and practice

Skipass given at the start of the course and only valid while on the course.

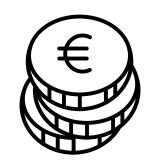
In the event of absence, I will inform the teacher in charge as soon as possible.

FQ mark

SKIPASS * S LESSONS*



*Reserved for UGA students



30 euros = 3 skipass

to pay in" mon compte suaps'



Book a lesson

Guaranteed place

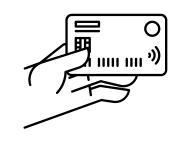
No registration to do because of the mandatory attendance







Fill the shared document in order to indicate the practice (ski or snowboard) and the level



Skipass given at the start of the course and only valid while on the course.



I inform compulsory my teacher if I'm absent. If it's not done, you will not have a skipass for a retake.

S1 TRIPS

TRANSPORT





17,5 euros



Booking here: http://u-glisse.com/transport/

Tickets must be purchased via BilletWeb no later than: Thursday 8pm for Saturday and Sunday, subject to availability, Wednesday 8:30am for Thursday



TRANSPORT

The U-Glisse bus stays on site, you will be able to let your belongings (baskets, clothes ...), but the bus is not reachable during the day. Booking here: http://u-glisse.com/transport/
There are 2 starts for the U-Glisse bus (be careful to not get the wrong start while you're booking your bus):





7 am place de Verdun (in front of IUT GEA)



or 7:15 am on the Campus at the University Swimming-pool car park.

Return around 6:30 pm - 7 pm





Meeting: 9 am in front of the tourism office (city centre of 2 Alpes)



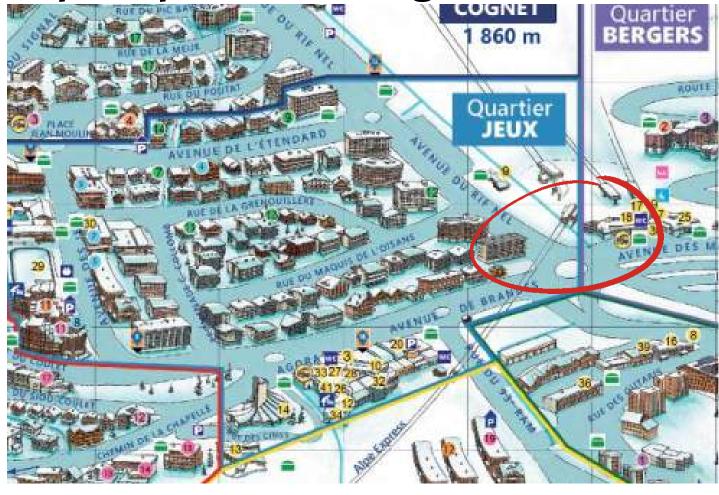
- When you arrive at the meeting point, you go to the banner corresponding to your practice (ski or snowboard) and your level (1 to 5) with your equipment. Then, you wait for the coach calling you.
- You are in class from 9 am to 12:15 pm, then from 1:45 pm to 5 pm (midday break free from 12:15 pm to 1:45 pm).





• Meeting: 9 am under the Alpe Express finishing station





- When you arrive at the meeting point, you go to the banner corresponding to your practice (ski or snowboard) and your level (1 to 5) with your equipment. Then, you wait for the coach calling you.
- You are in class from 9 am to 12:15 pm, then from 1:45 pm to 5 pm (midday break free from 12:15 pm to 1:45 pm).

- You are in charge of your own equipment. If you need to rent ski (or snowboard) equipment, you have some discount at our partner's shop:
 Horizon montagne (near to Géant Casino) and Adrénaline (city centre of Grenoble)
- <u>u-glisse.com/partenaires/#Matos</u>
- If you come by our Bus, you don't have the time to rent in the ski resort.
- Make sure you have a snack and water in a backpack, or a meal at <u>Le Saloon (2 alpes)</u>.
 - Helmet must be worn at all the times
 - Back protection very much recommended and mandatory in freestyle

EQUIPMENT

















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